

REPORT

Sub: National Sports Day Celebration – 2025 ESIC Hospital, Peenya

In pursuance of **ESIC Headquarters Circular No. E-13/12/11/2021-PR** dated **22.08.2025**, **National Sports Day, 2025** was celebrated at **ESIC Hospital, Peenya** from **29th August to 31st August 2025** to commemorate the birth anniversary of the legendary hockey player **Major Dhyan Chand**.

The programme was **inaugurated by Dr. Mridula A M, Medical Superintendent**, in the presence of **Dr. Naveen S L, Deputy Medical Superintendent**, along with medical, non-medical, and contractual staff of the hospital. A total of **50 participants** actively took part in the celebration.

Highlights of the Programme

1. The programme commenced with the **Fit India Pledge**, wherein doctors, nursing officers, paramedical staff, and administrative officials actively participated.
2. This was followed by a series of sporting events organized within the hospital premises:

Sr. No.	Name of the Sporting Event	Remarks
1	Tug of War	Separate categories for Male & Female participants
2	Lemon-Spoon Race	

3. The celebration concluded with a special **“Sundays on Cycle**, engaging employees and citizens in **community cycling** to promote fitness, encourage a healthy lifestyle, and spread awareness about combating obesity.

The programme was conducted in a **vibrant and enthusiastic manner**, ensuring maximum participation and reinforcing the true spirit of **fitness, sportsmanship, and unity**. (Photograph attached)



Deputy Director (Admn.)





